



# Galveston

## Cycle 2, 2024 Final Menu

### June

Monday	Tuesday	Wednesday	Thursday	Friday
6/3/2024	6/4/2024	6/5/2024	6/6/2024	6/7/2024
French Onion Chicken Rice Asian Vegetable Blend Texas Bread Oatmeal Cream Cookie Milk  <i>678 Calories 1072mg Sodium</i>	Beef Meatballs with Gravy Parslied Penne Pasta Cabbage Wheat Bread Graham Crackers Milk  <i>611 Calories 940mg Sodium</i>	Glazed Ham+ Lima Beans Okra and Tomatoes Cornbread Fresh Fruit Milk Margarine  <i>676 Calories 828mg Sodium</i>	Cheesy Beef Macaroni Green Peas Cauliflower Wheat Bread Orange Gelatin Milk  <i>617 Calories 819mg Sodium</i>	Buffalo Ranch Chicken Oven Roasted Potatoes Parslied Carrots Wheat Bread Fresh Fruit Milk  <i>614 Calories 860mg Sodium</i>
6/10/2024	6/11/2024	6/12/2024	6/13/2024	6/14/2024
Turkey Rice Casserole* Broccoli Stewed Tomatoes Wheat Bread Fudge Cream Cookie Milk  <i>636 Calories 1426mg Sodium</i>	Salisbury Beef Brown Gravy Whipped Potatoes Mixed Vegetable Blend Wheat Bread Sugar Cookie Milk  <i>696 Calories 1179mg Sodium</i>	Southwest Chicken Pinto Beans Brussels Sprouts Texas Bread Fresh Fruit Milk  <i>623 Calories 1023mg Sodium</i>	Polish Sausage+ Lentils Sliced Carrots Texas Bread Strawberry Gelatin Milk  <i>868 Calories 1533mg Sodium</i>	<b>Father's Day</b> Swiss Steak Rice Florentine Green Beans Dinner Roll Nutty Buddy Bar Milk  <i>685 Calories 978mg Sodium</i>
6/17/2024	6/18/2024	6/19/2024	6/20/2024	6/21/2024
Confetti Chicken Rice Italian Vegetable Blend Wheat Bread Oatmeal Cream Cookie Milk  <i>743 Calories 904mg Sodium</i>	Swiss Steak Whipped Potatoes Herbed Green Beans Texas Bread Animal Crackers Milk  <i>752 Calories 1146mg Sodium</i>	King Ranch Chicken Broccoli Glazed Carrots Wheat Bread Nutty Buddy Bar Milk  <i>615 Calories 591mg Sodium</i>	Ham and White Beans+ Cajun Rice Diced Beets Cornbread Birthday Cake  Milk Margarine  <i>841 Calories 1030mg Sodium</i>	Potato Crusted Pollock Lentils Parmesan Tomatoes Wheat Bread Orange Gelatin Milk Tartar Sauce  <i>727 Calories 1094mg Sodium</i>
6/24/2024	6/25/2024	6/26/2024	6/27/2024	6/28/2024
Sloppy Joe Oven Roasted Potatoes Mixed Vegetable Blend Hamburger Bun Brownie Milk  <i>770 Calories 938mg Sodium</i>	Chicken Taco Spanish Rice Pinto Beans Flour Tortilla Fresh Fruit Milk Taco Sauce  <i>695 Calories 523mg Sodium</i>	Creole Beef Mixed Beans Broccoli Wheat Bread Cinnamon Graham Sticks Milk  <i>704 Calories 1162mg Sodium</i>	Polish Sausage+ Delmonico Potatoes Green Beans and Carrots Wheat Bread Lemon Gelatin Milk  <i>738 Calories 1402mg Sodium</i>	Espagnole Beef Meatballs Macaroni and Cheese Cauliflower Dinner Roll Fresh Fruit Milk  <i>693 Calories 1103mg Sodium</i>

\* - Turkey  
 + - Pork



Nourishment through  
 compassionate care.

*Sarah Hutsler, RD, LD*

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