

- Spot the Signs: Look for channels of churning, choppy water, or a line of foam moving away from shore.
- Stay Calm: If caught in a rip, don't panic. Float on your back and signal for help.
- Swim Smart: Avoid swimming near piers, jetties, and inlets where rip currents are common.
- Spread the Word: Share these tips with your beach buddies to keep everyone safe.