

Houston

Cycle 2, 2024 Final Menu

April

Monday	Tuesday	Wednesday	Thursday	Friday
4/1/2024	4/2/2024	4/3/2024	4/4/2024	4/5/2024
Sloppy Joe Oven Roasted Potatoes Mixed Vegetable Blend Hamburger Bun Brownie Milk 770 Calories 938mg Sodium	Chicken Taco Spanish Rice Pinto Beans Flour Tortilla Fresh Fruit Milk Taco Sauce 695 Calories 523mg Sodium	Creole Beef Mixed Beans Broccoli Wheat Bread Cinnamon Graham Sticks Milk 704 Calories 1162mg Sodium	Polish Sausage+ Delmonico Potatoes Green Beans and Carrots Wheat Bread Lemon Gelatin Milk 738 Calories 1402mg Sodium	Espagnole Beef Meatballs Macaroni and Cheese Cauliflower Dinner Roll Fresh Fruit Milk 693 Calories 1103mg Sodium
4/8/2024	4/9/2024	4/10/2024	4/11/2024	4/12/2024
Parmesan Chicken Black-Eyed Peas Broccoli Texas Bread Nutty Buddy Bar Milk 658 Calories 1205mg Sodium	Ham and Lima Beans+ Okra and Tomatoes Glazed Beets Texas Bread Fresh Fruit Milk 666 Calories 1363mg Sodium	Beef Chili with Beans Parslied Rice Spinach Cornbread Fresh Fruit Milk Margarine 740 Calories 734mg Sodium	Onion Chicken Garlic Whipped Potatoes Catalina Vegetable Blend Wheat Bread Graham Crackers Milk 616 Calories 919mg Sodium	Hamburger Patty Shredded Lettuce/Pickles Baked Beans Hamburger Bun Hot Cinnamon Applesauce Milk Mustard and Ketchup 653 Calories 913mg Sodium
4/15/2024	4/16/2024	4/17/2024	4/18/2024	4/19/2024
Meatloaf Tomato Gravy Rice Lemon Pepper Brussels Sprouts Wheat Bread Cinnamon Graham Sticks Milk 649 Calories 791mg Sodium	Chicken Piccata Penne Pasta Ginger Carrots Texas Bread Fresh Fruit Milk 700 Calories 1006mg Sodium	Beef Taco Pinto Beans Creole Tomatoes Flour Tortilla Fudge Cream Cookie Milk Taco Sauce 649 Calories 947mg Sodium	BBQ Pork Rib Patty+ Black-Eyed Peas California Vegetable Blend Dinner Roll Birthday Cake Milk  704 Calories 1169mg Sodium	Baked Chicken Cream Gravy Whipped Potatoes Green Beans Texas Bread Fresh Fruit Milk 606 Calories 1066mg Sodium
4/22/2024	4/23/2024	4/24/2024	4/25/2024	4/26/2024
French Onion Chicken Rice Asian Vegetable Blend Texas Bread Oatmeal Cream Cookie Milk 678 Calories 1072mg Sodium	Beef Meatballs with Gravy Parslied Penne Pasta Cabbage Wheat Bread Graham Crackers Milk 611 Calories 940mg Sodium	Glazed Ham+ Lima Beans Okra and Tomatoes Cornbread Fresh Fruit Milk Margarine 676 Calories 828mg Sodium	Cheesy Beef Macaroni Green Peas Cauliflower Wheat Bread Orange Gelatin Milk 617 Calories 819mg Sodium	Buffalo Ranch Chicken Oven Roasted Potatoes Parslied Carrots Wheat Bread Fresh Fruit Milk 614 Calories 860mg Sodium
4/29/2024	4/30/2024			
Turkey Rice Casserole* Broccoli Stewed Tomatoes Wheat Bread Fudge Cream Cookie Milk 636 Calories 1426mg Sodium	Salisbury Beef Brown Gravy Whipped Potatoes Mixed Vegetable Blend Wheat Bread Sugar Cookie Milk 696 Calories 1179mg Sodium			



* - Turkey
+ - Pork

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