

Galveston

Cycle 2, 2023 Final Menu

April



Monday	Tuesday	Wednesday	Thursday	Friday
4/3/2023	4/4/2023	4/5/2023	4/6/2023	4/7/2023
Sloppy Joe Oven Roasted Potatoes Mixed Vegetables Hamburger Bun Fudge Cream Cookie Milk <i>640 Calories 853mg Sodium</i>	Chicken Taco Spanish Rice Pinto Beans Flour Tortilla Fresh Fruit Milk Taco Sauce <i>695 Calories 523mg Sodium</i>	Creole Beef Mixed Beans Broccoli Wheat Bread Animal Crackers Milk <i>752 Calories 1135mg Sodium</i>	Easter Honey Mustard Glazed Ham+ Twice Whipped Potatoes Catalina Vegetables Dinner Roll Sugar Cookie Milk <i>626 Calories 1179mg Sodium</i>	Spinach Macaroni & Cheese Green Peas Cauliflower Dinner Roll Fresh Fruit Milk <i>774 Calories 802mg Sodium</i>
4/10/2023	4/11/2023	4/12/2023	4/13/2023	4/14/2023
Parmesan Chicken Green Peas Broccoli and Cauliflower Texas Bread Nutty Buddy Bar Milk <i>692 Calories 1306mg Sodium</i>	Ham and Black-Eyed Peas+ Okra and Tomatoes Glazed Beets Texas Bread Fresh Banana Milk Margarine <i>608 Calories 1033mg Sodium</i>	Beef Chili with Beans Parslied Rice Spinach Cornbread Fresh Fruit Milk <i>704 Calories 701mg Sodium</i>	Onion Chicken Garlic Whipped Potatoes Catalina Vegetables Wheat Bread Oatmeal Cream Cookie Milk <i>779 Calories 887mg Sodium</i>	Hamburger Patty Baked Beans Sliced Carrots Hamburger Bun Cherry Gelatin Milk <i>696 Calories 1109mg Sodium</i>
4/17/2023	4/18/2023	4/19/2023	4/20/2023	4/21/2023
Meatloaf Tomato Gravy Rice Lemon Brussels Sprouts Wheat Bread Cinnamon Graham Crackers Milk <i>660 Calories 866mg Sodium</i>	Chicken Piccata Penne Pasta Ginger Carrots Texas Bread Chocolate Pudding Milk <i>822 Calories 1213mg Sodium</i>	Beef Taco Pinto Beans Creole Tomatoes Flour Tortilla Fudge Cream Cookie Milk Taco Sauce <i>649 Calories 947mg Sodium</i>	BBQ Pork Rib Patty+ Whole Kernel Corn California Vegetable Wheat Bread Birthday Cake Milk  <i>690 Calories 893mg Sodium</i>	Chicken Tenders Whipped Potatoes Green Beans Texas Bread Fresh Orange Milk <i>693 Calories 848mg Sodium</i>
4/24/2023	4/25/2023	4/26/2023	4/27/2023	4/28/2023
Diced Coconut Chicken Jasmine Rice Japanese Vegetables Texas Bread Oatmeal Cream Cookie Milk <i>823 Calories 651mg Sodium</i>	Beef Meatballs with Gravy Whole Kernel Corn Cabbage Wheat Bread Fig Bar Milk <i>653 Calories 944mg Sodium</i>	Alfredo Chicken Lima Beans Okra and Tomatoes Cornbread Fresh Fruit Milk Margarine <i>819 Calories 982mg Sodium</i>	Beef Italian Macaroni Green Peas Seasoned Cauliflower Wheat Bread Orange Gelatin Milk <i>663 Calories 1794mg Sodium</i>	Buffalo Ranch Chicken Oven Roasted Potatoes Parslied Carrots Wheat Bread Fresh Fruit Milk <i>614 Calories 860mg Sodium</i>

* - Turkey
+ - Pork

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