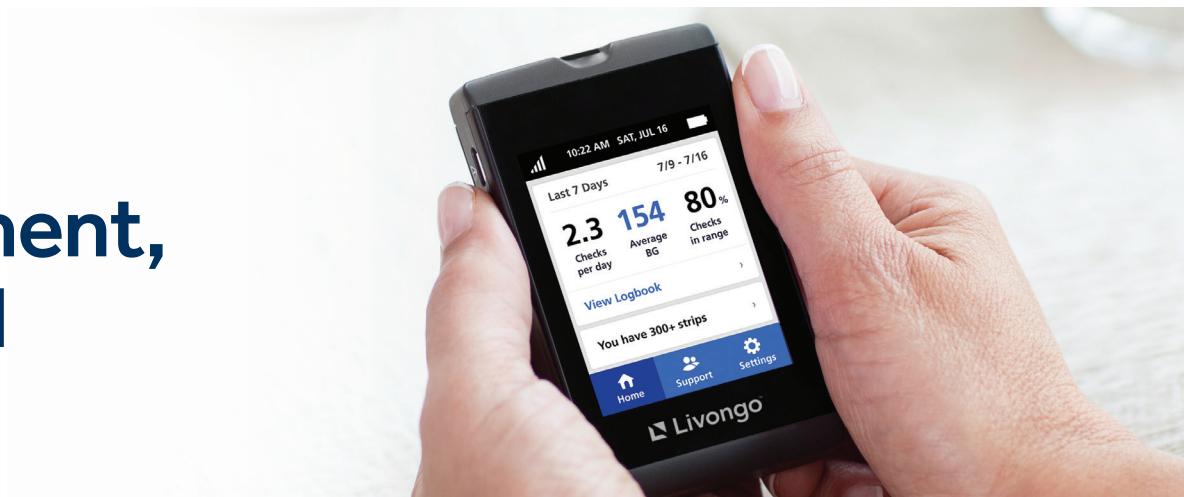


# Diabetes management, simplified



An advanced blood glucose meter and as many strips and lancets as you need, paid for by your employer.

**It's all in the meter and on the house.**



Personalized tips with each blood sugar check



Real-time support when you're out of range



Strip reordering right from your meter



Optional alerts to keep contacts in the loop



Send a Health Summary Report directly from your meter



Automatic uploads mean no more paper logbooks

## Get started

Text **"GO BCBSTX-HEALTH"** to 85240 to learn more and join

You can also join by visiting [Join.Livongo.com/BCBSTX-HEALTH/hi](https://Join.Livongo.com/BCBSTX-HEALTH/hi) or call **800-945-4355** and use registration code: **BCBSTX-HEALTH**

Las comunicaciones del programa Livongo están disponibles en español. Al inscribirse, podrá configurar el idioma que prefiera para las comunicaciones provenientes del medidor y del programa. Para inscribirse en español, llame al 800-945-4355 o visite [bienvenido.livongo.com/BCBSTX-HEALTH](https://bienvenido.livongo.com/BCBSTX-HEALTH)

The program is provided to you and your family members with diabetes and coverage through Blue Cross and Blue Shield of Texas (BCBSTX). Members must have primary insurance coverage through the Blue Cross and Blue Shield of Texas plan offering the Livongo program.