

Mon/Lun	reation Specialist-Fran Tue/Mar	Wed/Mie	Thu/Jue	Fri/Vie
3 8:00 Social Time 9:00 Table Time 10:30 Bend & Stretch Exercises 11:15 Lunch 12:00	4 8:00 Coffee & Snack 9:00 Table Games 10:30 Sit To Be Fit 11:15 Lunch 12:00 Presentation w/ Village Medical ^{**}	5 8:00 Coffee Klatch 9:00 Table Games 9:30 Walmart 10:30 Sittercise 11:15 Lunch 12:00 Cricket Wire- less Presentation	6 8:00 Social Time 9:00 Farkle/ Rum- mikub 10:30 Fitness Fun 11:15 Lunch 12:00 Big Bingo B (N G O	7 8:00 Social Hour 9:00 Table Time 9:30 Resale Shop Hopping/ Yummy Yummy
10 8:00 Coffee Social 9:00 Table Games 9:30-11:00 Cracker Barrel Breakfast 12:00 Table Games	11 8:00 Coffee & Word Search 9:00 Mexican Train 10:00 Strengthening Exercises w/ Carlos 11:15 Lunch 12:00 Bingo	12 10:00am-2:00pm At Nessler Center DCC Will Be Closed	13 Commissioner Ste- phen Holmes Back- yard Barbecue DCC Will Be Closed	14 8:00 Breakfast Social 9:00 Table Games 10:30 Gentle Joint 11:15 Lunch 12:00 Healthy Brain BINGO w/ Ms. Alice
17 8:00 Coffee Social 9:00 Ice Breaker Games 9:30 10:30 Fun & Fit 11:15 Lunch 12:00 Musical Chair w/ Beach Ball	18 8:00 Coffee Klatch 9:00 Table Games 10:30 Sit To Be Fit 11:15 Lunch 12:00 BINGO	19 8:00 Social Time 9:00 Games 9:30 Walmart Shop- ping 10:45 Chair Fitness 11:15 Lunch 12:00 Birthday Cele- bration	20 8:00 Coffee/ Chat 9:00 Table Games 9:30 Lighthouse Food Pantry 10:45 Gentle Joint 11:15 Lunch 12:00 Bingo w/	21 8:00 Coffee/ Break- fast Changel La Botanical Cardens ⁶ 8 Nature Center See Staff More Info.
24 8:00 Coffee & Snack 9:00 Table Games 9:30 Breast Cancer Awareness Outing/ Wear Pink 10:30 Gentle Joint 11:15 Lunch	25 8:00 Coffee/ Chat 9:00 Rummikub Time 9:30 Target/Ross 10:00 Strengthening Exercises w/ Carlos 11:15 Lunch 12:00	26 8:00 Social Time 9:00 Table Games 9:30 Errands 10:30 Gentle Joint 11:15 Lunch 12:00 Fall Festival	27 8:00 Breakfast 9:00 Farkle Frizzy 10:30 Fitness Fun 11:15 Lunch 12:00 Big Bingo	28 8:00 Social Time 9:30-12:30 Moody Methodist Pumpkin
31 8:00 Social Time 9:00 Table Games 9:30–11:00 Trick Or Treat Walk Thru At WJCC 11:30 Lunch 12:00 Halloween Triv- ia	OCTOBER MIDINE DOMESTIC VIOLENCE AWARENESS MONTH		A LATE OF THE CONTRACT OF CALLER OF	Trip <u>Pricing</u> \$ = \$0-5 \$\$ = \$6-10 \$\$\$ = \$11+

PLEASE NOTE: This schedule is subject to change at any time without prior notice. This includes trips, presentations and scheduled events. Visit our website at www.galvestoncountytx.gov/seniors

Wayne Johnson Community Center January 2022 4102 Main Street, La Marque, TX 77568 Phone: 409-934-8158

4102 Main Street, La Marque, TX 77568 Phone: 409-934-8158 Recreation Specialist - Sherita Jenkins, Activity Assistant –La Brenda Lee, Driver –Tom Youngblood

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