

Galveston Cycle 2, 2022 Final Menu May



Monday	Tuesday	Wednesday	Thursday	Friday
5/2/2022	5/3/2022	5/4/2022	5/5/2022	5/6/2022
Sloppy Joe Oven Roasted Potatoes Mixed Vegetables Hamburger Bun Fudge Cream Cookie Milk <i>640 Calories 853mg Sodium</i>	Chicken Taco Spanish Rice Pinto Beans Flour Tortilla Fresh Fruit Milk Taco Sauce <i>640 Calories 1173mg Sodium</i>	Creole Beef Mixed Beans Broccoli Wheat Bread Gingerbread Cookie Milk <i>681 Calories 769mg Sodium</i>	Smoked Sausage+ Delmonico Potatoes Green Beans and Carrots Texas Bread Lemon Gelatin Milk <i>846 Calories 1577mg Sodium</i>	Mother's Day Lemon Pepper Chicken Parslied Rice Green Beans Dinner Roll Oreo Cookies Milk <i>605 Calories 712mg Sodium</i>
5/9/2022	5/10/2022	5/11/2022	5/12/2022	5/13/2022
Coconut Chicken Jasmine Rice Japanese Vegetables Texas Bread Oatmeal Cream Cookie Milk <i>728 Calories 876mg Sodium</i>	Turkey Brunswick Stew* Whole Kernel Corn Cabbage Saltine Crackers Lemon Pudding Milk <i>644 Calories 672mg Sodium</i>	Savory Chicken Lima Beans Okra and Tomatoes Cornbread Fresh Banana Milk Margarine <i>805 Calories 1166mg Sodium</i>	Beef Stroganoff Green Peas Steamed Cauliflower Wheat Bread Orange Gelatin Milk <i>610 Calories 691mg Sodium</i>	Buffalo Chicken Seasoned Cubed Potatoes Parslied Carrots Texas Bread Fresh Fruit Milk <i>612 Calories 1150mg Sodium</i>
5/16/2022	5/17/2022	5/18/2022	5/19/2022	5/20/2022
Turkey Rice Casserole* Broccoli Country Tomatoes Wheat Bread Fudge Cream Cookie Milk <i>661 Calories 736mg Sodium</i>	Salisbury Beef with Gravy Whipped Potatoes Mixed Vegetables Wheat Bread Sugar Cookie Milk <i>800 Calories 860mg Sodium</i>	Southwest Chicken Pinto Beans Brussels Sprouts Texas Bread Fresh Banana Milk <i>651 Calories 789mg Sodium</i>	Polish Sausage+ Lentils Sliced Carrots Wheat Bread Birthday Cake  Milk <i>861 Calories 1360mg Sodium</i>	Bean Tamale Pie Whole Kernel Corn Green Beans Wheat Bread Fresh Fruit Milk <i>603 Calories 362mg Sodium</i>
5/23/2022	5/24/2022	5/25/2022	5/26/2022	5/27/2022
Marinara Chicken Meatballs Green Peas Broccoli and Cauliflower Texas Bread Nutty Buddy Bar Milk <i>642 Calories 908mg Sodium</i>	Ham and Black-Eyed Peas+ Okra and Tomatoes Glazed Beets Texas Bread Fresh Banana Milk Margarine <i>608 Calories 1033mg Sodium</i>	Beef Chili with Beans Parslied Rice Spinach Cornbread Fresh Fruit Milk <i>704 Calories 701mg Sodium</i>	Mushroom Chicken Garlic Whipped Potatoes Catalina Vegetables Wheat Bread Oatmeal Cream Cookie Milk <i>606 Calories 979mg Sodium</i>	Memorial Day Hamburger Patty Ranch Beans Sliced Carrots Hamburger Bun Oreo Cookies Milk Mustard and Ketchup <i>699 Calories 934mg Sodium</i>
5/30/2022	5/31/2022			
Closed for Holiday	Chicken Piccata Herbed Green Peas Ginger Carrots Texas Bread Chocolate Pudding Milk <i>741 Calories 1294mg Sodium</i>			

* - Turkey
+ - Pork

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