

Quitting just got a little easier.



Tobacco Cessation Benefit

The Texas Association of Counties Health and Employee Benefits Pool offers prescription tobacco-cessation medication under your employer's health plan.*

Tobacco Cessation Prescription Benefit:

- \$30 copay per prescription; for one-month supply;
- Mail order available at \$90 for a three-month supply; and
- Rx deductible waived if applicable.

Quit Tobacco with Tobacco Cessation

Voluntary program that provides online tools, support and discounts for wellness-related products and services to quit smoking.

For additional resources and benefit details please visit: www.county.org/healthycounty



Together.
Better.
Stronger.

TEXAS ASSOCIATION *of* COUNTIES
HEALTH AND EMPLOYEE BENEFITS POOL

To Enroll in the Online Self-Guided Tobacco Cessation Program:

- Option 1:
 1. Log in to mybenefits.county.org.
 2. Scroll to the My Vendors & Other Sites section.
 3. Click the Go to Blue Cross Blue Shield Member Site link.
 4. Click the Well onTarget® link in the Quick Links section.
 5. In the Well onTarget® portal, click the Menu Button.
 6. Click Self-Management Programs.
 7. Choose The Quitting Tobacco Program and enroll.
- Option 2:
 1. Log in to (or register with) Well onTarget® at www.wellontarget.com.
 2. Click the Menu Button.
 3. Click Self-Management Programs.
 4. Choose The Quitting Tobacco Program and enroll.

www.county.org/healthycounty



(800) 456-5974
county.org